

## **General recommendations for teachers using their laptops or home computers**

### **Recommendation-1**

Defrag your computer on a regular basis- as it speeds up your computer and keeps things organised well within your computer's hard drive.

Download the following program which is free-Auslogics

Link:- <http://www.auslogics.com/en/software/disk-defrag/>

### **Recommendation -2**

Clean your computer from excess rubbish that accumulates because of surfing the internet or various other tasks. Best free program is called CCleaner and you can download it from here:

Link: <http://www.piriform.com/ccleaner/builds>

### **Recommendation -3**

Clean your registry but be very careful that you do not delete any important programs. So it is important to firstly perform a backup of your registry. The free program here is called Wise Registry Cleaner and you can download it from here:

Link: [http://download.cnet.com/Wise-Registry-Cleaner-Free/3000-18512\\_4-10605508.html](http://download.cnet.com/Wise-Registry-Cleaner-Free/3000-18512_4-10605508.html)

**More outstanding programs can be found at the site below.**

All these recommendations and a few extra one can be found at this excellent site that review the best freeware programs on the internet on a regular basis.

Link: <http://www.techsupportalert.com/content/top-freeware-picks-category-editors.htm>